



Weekly MCRUD Resources

Week of August 22, 2016

- **Effectiveness Bank: Drug & Alcohol Findings**

- Now complete are the first five installments of the alcohol treatment research course exploring row 1 of the Alcohol Treatment Matrix, developing your understanding of research evaluating a key public health strategy – alcohol screening and brief intervention. Part prevention and part brief treatment, these programs are intended to identify risky drinkers at locations such as GPs' surgeries and emergency departments, and then to deliver brief advice to reduce risk. To view the matrix analysis, follow the [link](#).

- **SAMHSA: Support for Service Men and Women**

- Service members are known for being both resilient and resourceful, but at times some may face behavioral health care needs due to the unique demands of military life and combat exposure. Researchers have found that about 18.5% of service members returning from Afghanistan or Iraq have post-traumatic stress disorder or depression, and 19.5% report experiencing a traumatic brain injury.
- Veterans Crisis Line: The [Veterans Crisis Line](#) offers confidential around-the-clock support to veterans, active military members, and family and friends by phone, online chat, or text message. Veterans and their loved ones can call 1-800-273-8255 and Press 1, [chat online](#), or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year.
- SAMHSA's other behavioral health resources for service men and women and their families:
 - [Resources for Military Families](#)
 - [Federal Resources for Providers](#)
 - [Behavioral Health Issues among Afghanistan and Iraq U.S. War Veterans – 2012](#)
 - [Coming Home: Supporting Military Service Members, Veterans, and Their Families \(Webcast\) – 2012](#)
 - [Military Families: Access to Care for Active Duty, National Guard, Reserve, Veterans, Their Families and Those Close to Them \(Webcast\) – 2011](#)
 - [SAMHSA News: Paving the Road Home - Returning Veterans and Behavioral Health – 2008](#)
 - [SAMHSA News: What Military Patients Want Civilian Providers to Know – 2011](#)

- **Upcoming Events Calendar**

September 19-20 – Substance Use/Co Occurring Disorders Conference
October 13 – 24th Annual Parenting Awareness Michigan Conference, Marquette
October 25 – 14th Annual Keys to Addiction Conference, 8:00 a.m. - 2:30 p.m.
November 18 – 24th Annual Parenting Awareness Michigan Conference, East Lansing